

20220626 HOW TO WALK WITH GOD

Amos 3:3

³ Do two walk together unless they have agreed to do so?

Five surprising benefits from Harvard researchers' studies on walking.

1. It counteracts the effects of weight-promoting genes.
2. It helps tame a sweet tooth.
3. It reduces the risk of developing breast cancer.
4. It eases joint pain.
5. It boosts immune function.

SPIRITUAL WALKING HAS GREAT BENEFITS FOR OUR SPIRITUAL HEALTH.

Three important life lessons that can help us to have a better understanding on how to walk with God from Amos (part 1)

LIFE LESSON NUMBER ONE.

Human beings' moral responsibility is based on the light they have received.

Romans 1:19

¹⁹ since what may be known about God is plain to them, because God has made it plain to them.

LIFE LESSON NUMBER TWO:

There is consequence in doing what is wrong.

Romans 6:23

²³ For the wages of sin is death...

Hebrews 9:27

²⁷ Just as man is destined to die once, and after that to face judgment.

LIFE LESSON NUMBER THREE.

God's judgment upon the nations is based on how they treat other human beings.

- Damascus will be judged because it oppressed the people in Gilead in a horrible way.
- Gaza will be judged because it took captive whole communities and sold them to Edom.
- Tyre will be judged because it also sold whole communities of captives to Edom, disregarding a treaty of brotherhood.
- Edom will be judged because it pursued his brother with a sword, and slaughtered the women of the land, and because its anger raged continually and its fury flamed unchecked.

- Ammon will be judged because it ripped open the pregnant women of Gilead in order to extend its borders.
- Moab will be judged because it burned to ashes the bones of Edom's king.

Amos 3:3

³ Do two walk together unless they have agreed to do so?

APPLICATION

One. Start at home by treating my family in love.

Two. Expand my prayer for those in need in the world.

Three. Find a way to support the needy.

Four. Develop a soft heart toward others by dwelling in God's love.