Life Lessons from Book of Psalms

LESSON 11: GOD SAVES AND PROTECTS

REFLECTION

Begin your study by sharing thoughts on this question.

1. When did Jesus become your Savior? What led to your decision?

BIBLE READING: Psalm 125:1-126:6 NIV

¹²⁵⁻¹ [A song of ascents.] Those who trust in the LORD are like Mount Zion, which cannot be shaken but endures forever.

² As the mountains surround Jerusalem, so the LORD surrounds his people both now and forevermore.

³ The scepter of the wicked will not remain over the land allotted to the righteous,

for then the righteous might use

their hands to do evil.

⁴ LORD, do good to those who are good, to those who are upright in heart.

⁵ But those who turn to crooked ways

the LORD will banish with the evildoers. Peace be on Israel.

¹²⁶⁻¹ [A song of ascents.]

When the LORD restored the fortunes of Zion, we were like those who dreamed.

² Our mouths were filled with laughter,

our tongues with songs of joy.

Then it was said among the nations,

"The LORD has done great things for them."

³ The LORD has done great things for us, and we are filled with joy.

⁴ Restore our fortunes, LORD, like streams in the Negev.

⁵ Those who sow with tears will reap with songs of joy.

⁶ Those who go out weeping, carrying seed to sow, will return with songs of joy, carrying sheaves with them.

DISCOVERY

Explore the Bible reading by discussing these questions.

2. How can people receive God's protection?

3. What does the psalmist ask God to do to the righteous? To the wicked?

4. Why can we be confident that good will ultimately defeat evil?

(Other passages in the Bible talk about the triumph of good over evil. Look up Psalm 60:12; 118:7; 1 Corinthians 15:54–57; 2 Corinthians 2:14; 1 John 5:4, 5; Revelation 5:5.)

5. How does God want us to respond to his salvation and protection?

6. What happens when people publicly acknowledge what God has done for them?

INSPIRATION

God has done everything possible to bring you salvation; you can add nothing to what He has done. He has shown us the vision of the coming storm to give advance warning of the judgment so that we can flee from His wrath and come to Him. If you wish to be saved and go to heaven, you can, by believing in the Lord Jesus Christ as your Savior.

Jesus Christ rose from the dead to be alive forever. Because He is alive and because He can be everywhere at once, He is right there where you're reading. All you have to do is take Him, receive Him, accept Him personally into your heart as your Lord and Savior....

What more could you desire, ask, or ever hope for than that the grace of our Lord Jesus Christ be with you forever?

(From Storm Warning by Billy Graham)

RESPONSE

Use these questions to share more deeply with each other.

7. What protection does God offer from the coming judgment?

8. What causes some people to hesitate to accept God's offer of salvation?

9. What prompted you to seek God's forgiveness and salvation?

(For more Bible passages about salvation, see 1 Chronicles 16:23; Psalm 40:10, 16; 69:29; Isaiah 12:2; Jonah 2:9; Acts 4:12; 1 Thessalonians 5:9; Revelation 7:10.)